

Gen Z: Choices and Challenges

The current and sometimes shocking health behaviors and trends in the teen generation can influence their oral and systemic health. Dental professionals have a clinical opportunity to identify risky behaviors. Encouraging Gen Z to make positive health decisions could impact their choices when challenged.

Participants will engage in a lively discussion on timely topics relating to Gen Z. Dialogue may include oral and overall health issues associated with nutrition, obesity, eating disorders and substance abuse.

Gen Z, also known as the Global Generation, engage in multiple platforms of social media. This course identifies and addresses many of the platforms that influence teen's venturous decisions.

Recognizing high risk behaviors will prepare the dental professional to initiate dialogue that may impact a teen for a lifetime.

Course Objectives:

Upon completion of this course the participants will be able to:

1. Identify current dietary trends
2. Recognize various risk behaviors
3. Discuss popular social media platforms
4. Enhance generational communication skills
5. Customize treatment strategies