

# REGISTRATION INFORMATION

To pay by **CREDIT CARD**, please register online at [www.uidds.com](http://www.uidds.com)

To pay by **CHEQUE**, please make payable to UIDDS and mail with completed form(s) to:  
UIDDS c/o #301 - 1757 Beaufort Ave., Comox, BC  
V9M 1R8

**Save time and register online!!**

Early Bird prices in effect until midnight on March 15th	Friday & Saturday 12 CE hours	Friday only 6 CE hours	Saturday only 6 CE hours
Dentist	350.00	200.00	200.00
New Dentist Grad (Class of 2016, 2017 & 2018)	175.00	125.00	125.00
Denturist	175.00	125.00	125.00
RDH or RDT	175.00	125.00	125.00
CDA	125.00	100.00	100.00
Office Personnel	125.00	100.00	100.00

**After March 15th ... please add \$25.00 to the above fees**

**Creating Quality Impressions  
HANDS ON WORKSHOP**

**\$10.00 extra charge**

**Register early to avoid disappointment!**

TOTAL FEE PAID \$ \_\_\_\_\_

**Hotel rooms are available at Crown Isle Resort. Special group rates are available until March 5th. Book early to avoid disappointment!**

**Registration Fee Includes:**

- Featured Speakers
- Continental Breakfast & Hot Buffet Lunch
- Tradeshow Reception on Friday, which includes appetizers and 2 refreshment tickets
- Fabulous Door Prizes !!

[uidds.com](http://uidds.com)

[uidds1@gmail.com](mailto:uidds1@gmail.com)

# Upper Island District Dental Society



## Spring Conference

**April 5 and 6, 2019  
Crown Isle Resort  
Courtenay**



*Great EDUCATION - Great COMPANY - Great FUN*

[uidds.com](http://uidds.com)

[uidds1@gmail.com](mailto:uidds1@gmail.com)



## FEATURED LECTURE and WORKSHOP

Presented by: **TOMAS SAUCEDO**

*Tomas is a Registered Dental Assistant. Starting at the ripe age of 18, he knew instantly that his passion was to help people improve their smiles. In his 20+ years of being in dentistry, he has had the opportunity to work in several quality practices in Southern California. He brings exceptional back office experience along with an amazing enthusiasm for his love of dentistry.*



**From Our Side of the Chair 3 CE Hours**

**Friday, April 5 8:30 to 11:45 BALLROOM**

The ideal chairside dental assistant must be current and knowledgeable in materials science and be proficient in the various step-by-step procedures that are now required to deliver state-of-the-art dentistry to the patient. Increase your artistic skill and satisfaction by learning about materials and techniques that can help deliver to the patient the best dentistry has to offer! This is one comprehensive course that every dental assistant needs to attend!

*In this course, you will learn:*

- Advanced Smile Design Isolation Techniques for Esthetic Dental Procedures
- Digital Photography
- Impression techniques for excellent records
- Methods of Provisionalization for Partial and Full Coverage Restorations (Indirect and Direct Techniques)
- Techniques to deliver bonded dental restorations
- Laboratory communication for esthetic restorations
- Rubber dam placement (3 ideal dam techniques)
- Etch - Prime and Bond, matrix placement for direct composites
- Assisting Techniques (preparation/delivery)
- Bleaching (in Office and home)
- Dental Materials Update: What's New and What Works Well
- Laboratory Diagnostic Composite Mock Ups (Veneers, Crowns, Bridges and Implants)

**Creating Quality Impressions - HANDS ON - Limited Attendance**

**Friday, April 5 2:30 TO 4:00 COPPER ROOM 1.5 CE Hours**

Impression taking has been described as an art that requires capturing precise dimensions of the prepared teeth and the surrounding dentition. This course provides an overview of the materials and techniques needed to master impression making.

- Understand types of impression materials and the properties that determine when to use them successfully
- Create predictable and accurate results with proper positioning, insertion, and removal techniques
- Learn hemostasis control with various retraction systems: paste, ferric sulfate, aluminum chloride, and cord placement
- Factors contributing to a bad impression: avoiding pulls, tears, & bubbles

## FEATURED LECTURE

Presented by: **Dr MATT ILLES**

### Exploring the Mystery of Cement and Peri-Implantitis

Friday, April 5 8:30 to 11:45 SILVER ROOM **3 CE Hours**

*Dr Matthew Illes is a graduate of the University of Western Ontario and serves as a prosthodontic consultant at the University of British Columbia. He is a fellow of both the AGD and International Congress for Oral Implantologists. Dr Illes has a private practice limited to prosthodontics in Vancouver. He also serves as current president of the BC AGD.*



#### OVERVIEW

Temporization of a maxillary, implant incisor for the purpose of development of the soft tissues is well-known and widely accepted as a necessary procedure to optimize the esthetic result of treatment. Dr Illes will focus his presentation on this specific provisionalization procedure and will review the clinical steps involved in achieving the above esthetic objective. He will also discuss the lesser-known, and lesser appreciated, benefits of maxillary incisor provisionalization. Dr Illes will discuss the importance of establishing both the incisal edge position and lingual contour of the maxillary implant incisor crown through provisionalization. He will review the impact which the functional movements of the mandible (and the subsequent contours of occlusion) have with respect to selection of permanent restoration design, material(s) and construction technique. A detailed, clinical protocol for production and delivery of a maxillary incisor crown using CAD/CAM technology and modern materials will be presented for both screw retained and cement retained restorations.

#### LEARNING OBJECTIVES

- The speaker will explore the current trend of immediate implant placement, immediate provisionalization and immediate loading.
- Attendees will learn the benefits of incorporating the use of a provisional crown in the process of replacing a maxillary, incisor with a dental implant.
- To understand the various direct and indirect clinical techniques for constructing a provisional, maxillary, implant, incisor crown.
- The presenter will demonstrate clinical techniques to approximate and transfer the contours of the provisional crown to the permanent restoration.
- The lecturer will review the current materials and CAD/CAM techniques as they pertain to both screw and cement retained permanent restorations.
- Attendees will be exposed to a systematic approach for fabricating a permanent maxillary, implant, incisor crown including occlusal adjustment to minimize post-operative complications.

## FEATURED LECTURE

Presented by: **Dr J WILLIAM ROBBINS**

### Global Diagnosis - A new Vision of Dental Diagnosis and Treatment Planning

Saturday, April 6  
8:30 to 11:45 and 12:30 to 3:30 BALLROOM **6 CE Hours**

*Dr Robbins, DDS, M.A., maintains a full-time private practice and is Adjunct Clinical Professor in the Department of Comprehensive Dentistry at the*

*Dr. Robbins has published over 80 articles, abstracts, and chapters on a wide range of dental subjects and has lectured in the United States, Canada, Mexico, South America, Europe, Middle East and Africa. He is a diplomate of the American Board of General Dentistry. He is past president of the American Board of General Dentistry, the Academy of Operative Dentistry, the Southwest Academy of Restorative Dentistry, and the American Academy of Restorative Dentistry.*

Co-Sponsored by:  
**Dr Tasso Irinakis &  
Dr Les Campbell**



#### OVERVIEW

With the increased emphasis on interdisciplinary treatment in recent years, the deficiencies associated with traditional methods of diagnosis and treatment planning have become more evident and problematic. Historically, the treatment plan was primarily dictated by information provided by study casts which were mounted on a sophisticated articulator in centric relation. At that time in history, the primary tools available for treating the complex restorative patient were functional crown lengthening surgery and increasing the vertical dimension of occlusion. The treatment plan was simply based on restorative space, anterior tooth coupling and resistance and retention form of the final preparations, with no focus on placing the teeth in the correct position in the face. Practitioners did not have access to advanced periodontal, orthodontic, orthognathic surgery and plastic surgery tools that are currently available. With the advent and common usage of these new treatment modalities, the historical method of diagnosis and treatment planning is no longer adequately serving our profession. It is the purpose of this course to provide a systematic approach to diagnosis and treatment planning the complex interdisciplinary dental patient with a common language that may be used by the orthodontist, periodontist, and oral and maxillofacial surgeon, as well as the restorative dentist. The four Global Diagnoses which dictate all interdisciplinary treatment planning will be defined. A set of questions will then be presented which will aid the interdisciplinary team in the diagnosis and treatment planning of the complex dental patient.

#### LEARNING OBJECTIVES

Upon completion of this course the participant will be able to:

1. Describe 4 Global Diagnoses
2. Describe the "5 CORE Questions" with their corresponding treatment options
3. Complete a Global diagnosis form which will lead to a comprehensive diagnosis
4. Communicate with the interdisciplinary team



## FEATURED LECTURES

Presented by: SALME LAVIGNE, PhD, RDH

*Salme holds a diploma in dental hygiene from the University of Toronto, a bachelor's degree in biomedical anthropology from Lakehead University, a master's degree in dental hygiene education from the University of Missouri-Kansas City, and a doctorate in community health sciences from the University of Manitoba. Salme was the founding director of the dental hygiene program at Confederation College, Thunder Bay, and served as director of the School of Dental Hygiene, University of Manitoba, for 13 years where she developed and initiated the first BSc DH program at that institution. An internationally recognized researcher and educator, Salme has received Alumni of Distinction awards from the University of Toronto and the UMKC School of Dentistry, and a Life Membership Award from the Canadian Dental Hygienists Association.*

## The Female Hormone Orchestra - A fine-tuned balance for overall health and well-being

Friday, April 5 12:45 to 2:15 BALLROOM 1.5 CE Hours

This presentation takes an in-depth look at how important it is for women to maintain a balance between several hormones in order to stay in good health. Hormones fluctuate throughout one's lifetime and present different challenges for women in each stage of life. These fluctuations, if not kept in balance, can create havoc in a woman's life and could also have devastating overall health effects including the oral tissues. The relationship between estrogen, progesterone, testosterone and thyroxin will be explored. Healthy ways in which this balance can be achieved without the use of prescription drugs will be discussed.



## The New World Classification of Periodontal Disease & The Oral Microbiome: A New Way of Thinking about the Microbes we Live with

Saturday, April 6 8:30 to 11:45 SILVER ROOM 3 CE Hours

Recent advances in research acquired through the Human Microbiome Project (2008-2017), have dramatically changed the way human microbes are viewed. This massive project has created a major paradigm shift in how clinicians must think about the interrelationship of these microbes with health and disease. For the first time ever, implant related periodontal diseases have been included in the World Classification of Periodontal Diseases (introduced in June 2018). This presentation will discuss the new classification as well as provide a new perspective on the etiology of periodontal disease.

### COURSE OBJECTIVES

1. Introduce the new paradigm of the Oral Microbiome
2. Define Dysbiosis and Symbiosis
3. Discuss how this new paradigm fits in with the new Classification of Periodontal Diseases
4. Provide an introduction and overview of the new World Classification of Periodontal & Peri-Implant Diseases and Conditions
5. Discuss effective ways of changing a state of dysbiosis back to a symbiotic state
6. Describe evidence-based mechanical & chemical means of maintaining a state of symbiosis



## Inflammation, Periodontitis & Overall Health

Saturday, April 6 12:30 to 3:30 SILVER ROOM 3 CE Hours

Linkages between periodontitis and overall health have been proposed for numerous years without a true understanding of the mechanisms underlying these connections. Recent findings however, now suggest that inflammation may be at the core of these relationships. This presentation will focus on new developments in the critical role of inflammation and its impact on the whole area of oral-systemic medicine along with a discussion of the most current research outcomes in not only more established oral-systemic linkages, but several newly proposed relationships.

### COURSE OBJECTIVES

1. A review of chronic periodontitis from a systemic inflammatory perspective.
2. An understanding of how oral inflammation is related to systemic inflammation.
3. A review of the status of risk factors for periodontal disease and how these risk factors fit in with systemic diseases.
4. An understanding of the current research literature for the proposed linkages between periodontitis and systemic conditions such as cardiovascular diseases; respiratory diseases; diabetes and adverse pregnancy outcomes.
5. Strategies for staying current with the literature in this rapidly evolving area of science, including basic interpretation tips.
6. Knowledge of oral interventions that have produced positive systemic changes resulting in potential risk reduction.

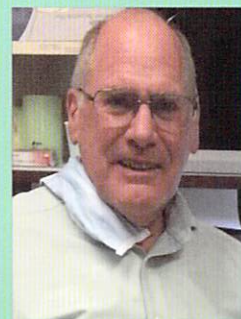
## FEATURED LECTURE & WORKSHOP

Presented by: **Dr WILLIAM LEA**

### Sound "BITES" - Quick, Simple Solutions for Achieving Healthy, Functional Occlusions

Friday, April 5 12:45 to 4:00 SILVER ROOM

*Dr Lea graduated from UBC Dental School and has maintained a solo, general practitioner clinic on Salt Spring Island for over 35 years. Dr Lea has been diagnosing and treating occlusal problems, joint pain, reduced function, and general bite imbalances for at least the past 15 years.*



*Dr Lea has developed a protocol for the diagnosis and treatment of occlusal problems and for relieving patients of pain and reduced jaw function. In fact, as of today, there have been no patients that he has not been able to help. Instead of just covering up occlusal problems with hard, acrylic splints, he can, with his 8-step diagnostic protocol and his 4-step treatment sequence, consistently and successfully treat the underlying, fundamental occlusal problems (while screening out patients who have parafunctional issues that do not originate from their occlusion).*

*Dr Lea believes that dentistry requires more focus on healthy function and especially more effort by all dentists to diagnose the occlusal status of their patients. This protocol is a very simple, easily-applied, easily-integrated system that requires very little in the way of supplies or time.*

### LEARNING OBJECTIVES

During this lecture, participants will learn a concrete, sequential, step-by-step approach to occlusion.

A simple and easily understood, quick and easily applied way to incorporate occlusion diagnosis and treatment into every day dental practice.

An explanation of all anyone needs to know about the diagnosis and treatment of most TMD and "BITE" issues and a clear criteria for recognizing and establishing healthy, functional occlusion.

**2 CE Hours - Lecture**  
**1 CE Hour - Hands On**



THE UNIVERSITY  
OF BRITISH COLUMBIA

Faculty of Dentistry

## FEATURED LECTURE

Presented by: **Dr MARY MACDOUGALL**  
**Dean of Dentistry, UBC**

**Probing the Bridge Between Dental  
Oral Health & Genetics**

**1.5 CE Hours**

Friday, April 5 2:30 to 4:00 BALLROOM



*Dr. MacDougall received her B.A. (Biochemistry Major and Theatrical Design Minor) in 1978 from the University of California at San Diego, and her Ph.D. (Craniofacial Biology) in 1984 from the University of Southern California. She commenced her professional research and teaching career at the University of Southern California. She then held a number of leadership roles at the University of Texas Health Science Center San Antonio: Director of the Research Division of Pediatric Dentistry (1993-1998), Founding Director of the Craniofacial Oral-Biology Student Training in Academic Research Program (CO-STAR) and the Dental-Student Training in Academic Research Program (D-STAR) between 1998 and 2005, and Associate Dean for Research from 1999-2005 ;she also served for one year as Interim Chair of Pediatric Dentistry. Since 2005, at the University of Alabama at Birmingham, Dr. MacDougall has founded a number of research training programs of which she continues to serve as Director. In addition, Dr. MacDougall is an internationally recognized scholar having published 18 book chapters and over 150 peer-reviewed articles. She has served as President of the International Association for Dental Research, as well as President of the American Association of Dental Research. Within these leadership roles she has gained significant senior management experience as a member of the senior management teams at the Department, Faculty, and University levels, and in external global collaborations.*

### OVERVIEW

**With the many advances in human genetics, a more personalized approach is being envisioned for dentistry, termed 'Precision Dentistry'. This program explores some discoveries related to human dental genetic disorders and how they impact our understanding of normal tooth formation, patterning and structure.**

**FRIDAY, APRIL 5, 2019**

REGISTRATION & CONTINENTAL BREAKFAST	Lobby	7:45 to 8:30
Tomas Saucedo - From Our Side of the Chair	Ballroom	8:30 to 11:45
Dr Matt Illes - Exploring the Mystery ...	Silver Room	8:30 to 11:45
LUNCH (sponsored by Dentalcorp)		11:45 to 12:45
Dr William Lea - Sound "Bites"	Silver Room	12:45 to 4:00
Salme Lavigne - The Female Hormone Orchestra	Ballroom	12:45 to 2:15
Dr Mary MacDougall - Probing the Bridge ...	Ballroom	2:30 to 4:00
Tomas Saucedo - Creating Quality Impressions - HANDS ON - Pre-Registration Required	Copper Room	2:30 to 4:00
WINE & CHEESE RECEPTION		4:00 to 5:30
AGM DINNER - including presentations by CDSBC, BCDA and UBC - Limited to Dentists	Atrium	5:30

**SATURDAY, APRIL 6, 2019**

Dr J William Robbins - Global Diagnosis	Ballroom	8:30 to 11:45
Salme Lavigne - The Oral Microbiome ...	Silver Room	8:30 to 11:45
LUNCH		11:45 to 12:30
Dr J William Robbins - Global Diagnosis cont.	Ballroom	12:30 to 3:30
Salme Lavigne - Inflammation ...	Silver Room	12:30 to 3:30

**MAIL-IN REGISTRATION FORM**

Please photocopy additional copies if required

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

Email Address \_\_\_\_\_

DENTIST	
NEW DENTIST GRAD (class of 2016, 2017 or 2018)	
DENTURIST	
OFFICE PERSONNEL	
REGISTERED DENTAL HYGIENIST	
REGISTERED DENTAL TECHNICIAN	
CERTIFIED DENTAL ASSISTANT	

**PLEASE SELECT**



Tomas Saucedo - From Our Side of the Chair	Fri, April 5 - 8:30 to 11:45		
Dr Matt Illes - Exploring the Mystery ...	Fri, April 5 - 8:30 to 11:45	<b>OR</b>	
Dr William Lea - Sound Bites	Fri, April 5 - 12:45 to 4:00		
Salme Lavigne - The Female Hormone ...	Fri, April 5 - 12:45 to 2:15	<b>OR</b>	
Tomas Saucedo - Hands On Workshop	Fri April 5 - 2:30 to 4:00	<b>OR</b>	<b>**</b>
Dr Mary MacDougall - Probing the Bridge ...	Fri, April 5 - 2:30 to 4:00		
AGM Dinner - Limited To Dentists	Fri, April 5 - 5:30		
Dr J William Robbins	Saturday, April 6	<b>OR</b>	
Salme Lavigne	Saturday, April 6		

**\*\* You must register ONLINE to participate in the Tomas Saucedo HANDS ON Workshop**