

**Online Registration
Opens
March 1 @7am**

Upper Island District Dental Society



Spring Conference 2022

April 8 and 9, 2022

Crown Isle Resort

Courtenay



Great EDUCATION - Great COMPANY - Great FUN

uidds.com

uidds1@gmail.com

FRIDAY, APRIL 8, 2022

7:45 - 8:30	REGISTRATION & CONTINENTAL BREAKFAST	
8:30 - 11:45	DR SANJUKTA MOHANTA "Oral Health Hacks"	Ballroom
8:30 - 11:45	DAWN MOON "Providing Dental Care for Adults with Disabilities"	Silver Room
8:30-11:45	DR AVIV OUANOUNOU "Pharmacology for the Dental Practitioner"	Copper Room
11:45-12:30	LUNCH & TRADE SHOW	
12:30 - 3:45	DR TASSO IRINAKIS "I came to fix my teeth! WTH happened?"	Ballroom
12:30 - 3:45	PENNY HATZIMANOLAKIS "Bugs, Pus and Dysbiosis, Oh My!"	Silver Room
12:30 - 3:45	DR AVIV OUANOUNOU (Repeat Lecture) "Pharmacology for the Dental Practitioner"	Copper Room

5:30 AGM Dinner

All Dentists Welcome

Please RSVP with your Registration

(Max. 35)

SATURDAY, APRIL 9, 2022

8:30 - 11:45	DR TASSO IRINAKIS "I came to fix my teeth! WTH happened?"	Ballroom
8:30 - 11:45	PENNY HATZIMANOLAKIS "Bugs, Pus and Dysbiosis, Oh My!"	Silver Room
8:30 - 11:45	DAWN MOON "Providing Dental Care for Adults with Disabilities"	Copper Room
11:45-12:30	LUNCH & TRADE SHOW	
12:30 - 3:45	DR SANJUKTA MOHANTA "Oral Health Hacks"	Ballroom
12:30 - 3:45	DR PETER WALFORD "Winning Procedures in Adhesion"	Silver Room
12:30-3:45	MYSTERY SPEAKER	Copper Room

FEATURED LECTURE

Presented by: Dr Sanjukta Mohanta

Dr Sanj is a general dentist practicing at a publicly funded dental clinic in Brampton, Ontario. She graduated from the University of Toronto Faculty of Dentistry in 1999. She is the Chair of the Ontario Dental Association's Community Services Committee, a member of the Canadian Dental Associations Advocacy Committee and the past President of the Halton-Peel Dental Association. She is the Board Chair of the Gift from the Heart Dental Charity.



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Dr Sanj successfully delegated to maintain water fluoridation in her community and she advocates to improve public dental programs. She is on the Editorial Board for the Ontario Dentist Journal and has been published in several dental journals. Dr Sanj loves being a dentist and enjoys helping her colleagues as a mentor.

Oral Health Hacks:

Evidence Based Research on What Helps and What Harms our Oral Health

Friday, April 8 8:30 to 11:45

BALLROOM

3 CE Hours

Saturday, April 9 12:30-3:45

BALLROOM

Does charcoal toothpaste whiten teeth? Is flossing effective? Does oil pulling remove toxins? Which oral hygiene products work? This dynamic session will explore the common questions our patients have about trends and products and will give you evidence-based answers to their questions.

LEARNING OBJECTIVES

- Evaluate trends and their effects on oral health;
- Analyze the evidence about oral health care tips and products;
- Recommend the most effective oral health care products to your patients.

FEATURED LECTURE

Presented by: Dr Aviu Ouanounou

Dr Aviu Ouanounou is an assistant professor of Pharmacology and Preventative Dentistry at the University of Toronto. He has won numerous teaching awards, including "Best Teacher of the Year Award" and the prestigious Bruce Hord Master Teacher Award.



Dr Ouanounou is a Fellow of the International College of Dentists, The American College of Dentists and the Pierre Fouchard Academy as well as the Academy of Pain Management and the American College of Clinical Pharmacology. He has published and authored numerous articles in peer-reviewed journals and also maintains a general practice in Toronto.

Pharmacology for the Dental Practitioner: An Overview

Friday, April 8 8:30 to 11:45 COPPER ROOM 3 CE Hours
Friday, April 8 12:30 to 3:45 COPPER ROOM

Clinical pharmacology studies the effects of drugs and their use for preventative, diagnostic and therapeutic purposes. In this lecture Dr Ouanounou will review the various pharmacological agents commonly used in the daily dental practice, including local anaesthetics, its mechanism, onset and duration of action as well as potential complications associated with its use. He will also review the analgesics most commonly used in dentistry namely, acetaminophen, NSAIDs and opioids. Dr Ouanounou will discuss the adverse effects, common drug interactions and recommended dosages. Dr. Ouanounou will also discuss anti-infectives most commonly used as well as the most common herbal medications and their effects on dental treatment as they have been on the rise. This lecture will cover special topics such as geriatrics, pregnancy, kidney failure and liver disease, all situations requiring special caution on part of the clinician when prescribing or administering drugs in the daily dental practice.

LEARNING OBJECTIVES

1. Understand basic concepts of pharmacology namely pharmacokinetics and pharmacodynamics.
2. Understand the mechanism of action of local anaesthetics, the factors that affect their onset and duration of action and the common complication associated with their administration.
3. Be informed of the analgesics currently used in dentistry. Understand the various adverse effects and drug interactions relevant to dentistry.
4. Understand the rational use of anti-infective agents in dentistry, both in terms of the management of existing orofacial infections and for prophylaxis against the development of bacterial endocarditis or other infection post treatment.

FEATURED LECTURE

Presented by: Penny Hatzimanolakis, RDH

Penny Hatzimanolakis is a Clinical Associate Professor at the University of British Columbia. She has been an educator since 2020 and has been dedicated and educated at UBC in the graduate periodontics, undergraduate Dental, and Dental Hygiene Degree Programs and has various teaching and research awards. Her main focus is on therapeutic modalities for periodontal diseases, including implants. She has published and co-authored in multiple peer-reviewed journals.



Penny has been an oral healthcare practitioner in periodontics/prosthodontics since 1994. She has served on various boards with current positions on the PDC Committee and BCDHA Anti-Stigmatism Committee. She regularly volunteers in several programs supporting the lower Vancouver Eastside. Penny owns UpScale Consulting supporting business management, clinical skills and program development, Penny collaborates and empowers colleagues in delivering a "better" practice of oral and overall care for the public.

Bugs, Pus and Dysbiosis, Oh My!

Friday, April 8 12:30 to 3:45 SILVER ROOM 3 CE Hours
Saturday, April 9 8:30-11:45 SILVER ROOM

Chronic low-grade infections in the mouth elevate systematic inflammation and have an impact on all body systems. Understanding the bidirectional connections is rapidly evolving. Primary oral healthcare practitioners and organizations strive to improve healthcare delivery more efficiently and more importantly, individualized care plans using current evidence-informed methodologies.

LEARNING OBJECTIVES

1. Identify the primary oral- systemic connections.
2. Understand the difference between the health status of symbiosis and dysbiosis.
3. Identify risk assessments are significant in oral and overall health.
4. Learn the proposed model of inflammation in chronic diseases.
5. Introduce various types of oral-systemic health screenings

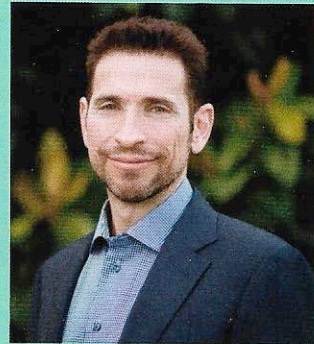
FEATURED LECTURE

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Presented by: Dr Tasso Irinakis

Dr Tasso Irinakis is a certified specialist in Periodontics and one of the current leaders in comprehensive Implant Patient Care and in Implant Education for dental professionals. He serves the community in his clinics in Courtenay, Nanaimo & Vancouver, BC. He is the former Director of Graduate Periodontics & Implant Surgery at the University of British Columbia (UBC) and currently continues to serve the Faculty of Dentistry as a Clinical Associate Professor.



Dr Irinakis has been honored twice by the American Academy of Periodontology with the "2005 & 2010 Educator Awards" for outstanding mentoring & teaching in Periodontics. He continues to serve his profession as a Reviewer of numerous scientific journals and has authored several papers in scientific journals on Bone Grafting, Sinus Grafting and Dental Implant Research in general. Dr Tasso Irinakis lectures actively in study clubs, conferences and hands-on courses for dental professionals, nationally and internationally.

I Came to Fix My Teeth! WTH Happend?

Friday, April 8 12:30 to 3:45 BALLROOM 3 CE Hours
Saturday, April 9 8:30 to 11:45 BALLROOM

This lecture takes an unusual approach from the patient's perspective. Imagine being a patient in a variety of different scenarios and visiting your dentist or specialist with certain expectations in mind. You have the best-case scenario, where everything you thought would happen...actually happens! And you have the worst-case scenario, where you feel your life is falling apart.

This presentation will show a variety of everyday situations in dental clinics where we contrast favorable with disastrous outcomes. We explore in detail the main factors behind each outcome and the solutions available. We will illustrate cases that span from implants, to orthodontics, to restorative situations, to jaw reconstruction, to gum disease and systemic implications.

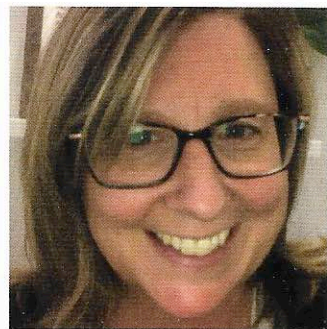
The lecture is meant to be entertaining and comfortably followed by all dental colleagues, be it Dental Assistants, Hygienists, Dentists and Administrative Staff.

FEATURED LECTURE

Presented by: Dawn Moon, RDH

Dawn Moon has over 25 years' experience working as a dental hygienist. The last 10 years working primarily with adults with developmental disabilities in the community setting.

Her focus has been on creating oral care guidelines for adults with dysphagia and strategies to help people attain dental care. She continues to advocate for better solutions for adults facing challenges accessing dental treatment.



Providing Dental Care for Adults with Developmental Disabilities

Friday, April 8 8:30 to 11:45 SILVER ROOM

Saturday, April 9 8:30 to 11:45 COPPER ROOM

3 CE Hours

Dental office visits can be a major challenge for someone who has had trauma around medical appointments, has complex medical diagnoses, or sensory integration and processing issues. Often people are seen in the hospital for dental treatment which can cause distress for a person. Creating a relationship with a dental office is an important step in preventing and treating oral disease. Understanding how to adapt dental visits and recommend specific home care strategies is necessary to provide appropriate dental care.

LEARNING OBJECTIVES

1. Understand the challenges of dental visits for people with complex medical needs.
2. Review practical strategies for medically and behaviourally complex clients for dental office visits and daily oral care.
3. Discover techniques to assist in preparing a person to visit the dental office and the timeline required.

FEATURED LECTURE

Presented by: Dr Peter Walford

Dr Peter Walford graduated from McGill in 1975 and has mentored thousands of dentists over a twenty-year teaching career through study clubs, conferences, dental societies across Canada, and online groups. He has been a Live Stage Presenter at the PDC multiple times and published numerous articles in Oral Health Journal.



He practices in BC on a Gulf Island with nearly five decades of observation to see what works and what doesn't in adhesion-based dentistry.

Winning Procedures in Adhesion; Bombproof Class IIs and Maryland Bridges that Actually Last

Saturday, April 9 12:30 to 3:45 SILVER ROOM 3 CE Hours

Dr Peter Walford debunks the myth that composite restorations have to be short-lived, or that adhesion is only a minor addition to treatment choices for our patients.

This lecture will cover what can be achieved by optimizing the steps in the chain of technique that ties together composite restorations. Best practices in method, best choices in materials, best methods of isolation and other adjuncts are game-changers in patient comfort and longevity. Learn how the restorative team can expand the envelope before crowns become mandatory, and how to make every treatment durable and painless. Special emphasis will be placed on steps that the CDA controls.

The second part of this lecture highlights a small evolution in the Maryland Bridge technique that elevates this modality from frustration to bulletproof. Dr Walford will show cases with a history of 20 years successful function involving over 500 restorations and spans of up to 10 teeth - amazing!!

COVID 19 Plan

We are excited to present our conference this year after our pandemic break.

We are running our event at 50% capacity to follow current PHO and are excited to invite you to attend ONE of the two days so that we can reach as many people as possible.

In order to offer a COVID friendly conference and to adhere to PHO as of time of print we ask:

- Wear a mask when seated and not eating
- Be Fully Vaccinated
- Adhere to table and course limits
- Attend for only one day
- Understand that your first choice of lecture may be full and we cannot make exceptions as we are adhering to room capacities (we don't think you will be disappointed with any choice!)
- Have fun and celebrate that we are having a conference!

We will update conference attendees closer to the date with up-to-date protocols.



REGISTRATION INFORMATION

**Registration OPENS March 1 at 7 am
ONLINE at uidds.com**

Registration Fee	Friday OR Saturday 6 CE Hours
Dentist	\$150
New Dentist Grad (Class of 2021, 2020, 2019)	\$125
Denturist	\$100
RDH or RDT	\$100
CDA	\$75
Office Personnel	\$75

**Hotel Rooms available at Crown Isle Resort.
Special Group rates available until March 8th 2022.
Book early to avoid disappointment!**

Registration Fee Includes:

- Featured Speakers
- Continental Breakfast and Lunch
- Access to Trade show



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**Pacific Dental
Conference**
Vancouver, Canada

PDC Virtual
Available March 14 to April 12, 2022
in conjunction with the Canadian Dental Association



UIDDS Fall 2022 Conference
October 22, 2022

Qualicum Beach Civic Centre

UIDDS Spring 2023 Conference
April 14 and 15, 2023

Crown Isle Resort