

## **UPPER ISLAND DISTRICT DENTAL SOCIETY**

## SPRING CONFERENCE April 14 + 15, 2023

Crown Isle Resort 399 Clubhouse Drive. Courtenay BC

# THANK YOU TO OUR SPONSORS:



## FRIDAY APRIL 14, 2023

| 7:45-8:15   | <b>Qigong with Aumsong Troughton</b><br>Open body, mind and spirit to embrace the day  |               |             |  |
|-------------|--|---------------|-------------|--|
| 8:00-8:30   | <b>REGISTRATION + CONTINENTAL BREAKFAST</b>  |               |             |  |
| 8:30-11:45  | <b>Chrissy Ford -</b> The Art of Communication: Are your Patients Hearing You?   |               | Ballroom    |  |
| 8:30-11:45  | <b>Dr Les Campbell</b><br>Why do my Root Canals Fail?  |               | Silver Room |  |
| 11:45-12:30 | Lunch + Trade Show   |               |             |  |
| 12:30-3:45  | <b>Dr van der Meer</b><br>Dentistry and Forensic Science   |               | Ballroom    |  |
| 12:30-3:45  | <b>Dr Richard Young</b><br>"The Super Posterior Composite":<br>The Marriage of Biomimetics and Matrixes                                  |               | Silver Room |  |
| 12:30-3:45  | <b>Chrissy Ford -</b> Taking your Instrumentation to New Heights!  |               | Copper Room |  |
| Wine + Ch   | 4:00 - 5:00<br>ine + Cheese Reception<br>SATURDAY APRIL 15, 2023   |               |             |  |
| 7:45-8:15   | Qigong with Aumsong Troughton  |               |             |  |
| 8:00-8:30   | Open body, mind and spirit to embrace the day<br><b>REGISTRATION + CONTINENTAL BREAKFAST</b>   |               |             |  |
| 0.00-0.50   |  | CONTINENTAL B | KEAKFASI    |  |
| 8:30-11:45  | <b>Meg Soper</b><br>The Secret Sauce - Thriving in Times of<br>Change <i>AND</i> Powering Up with Strategies for<br>a Positive Workplace |               | Ballroom    |  |
| 8:30-11:45  | <b>Dr Richard Young -</b> The "Super Composite"<br>Anterior & Extreme Bonding  |               | Silver Room |  |
| 11:45-12:30 | Lunch + Trade Show   |               |             |  |
| 12:30-3:45  | <b>Dr Mark Parhar-</b> Management of Traumatic Dental Injuries   |               | Ballroom    |  |
| 12:30-3:45  | <b>Paddy Briggs</b><br>Leadership in Today's World of Dentistry  |               | Silver Room |  |

### Registration OPENS Feb 21 at 7am ONLINE at uidds.com

| <b>REGISTRATION FEES</b><br>(EARLY BIRD RATES) |  |                         |                         |  |
|--|--|-------------------------|-------------------------|--|
|  | Fri. and Sat.<br>12 Hours CE<br>~ Best Value ~ | Fri. Only<br>6 Hours CE | Sat. Only<br>6 Hours CE |  |
| Dentist  | \$400.00                                       | \$235.00                | \$235.00                |  |
| New Dentists<br>Grad 2020, 2021, 2022          | \$250.00                                       | \$150.00                | \$150.00                |  |
| Denturist                                      | \$225.00                                       | \$140.00                | \$140.00                |  |
| RDH/RDT  | \$225.00                                       | \$140.00                | \$140.00                |  |
| CDA  | \$175.00                                       | \$125.00                | \$125.00                |  |
| Office Personnel                               | \$175.00                                       | \$125.00                | \$125.00                |  |

### Early Bird prices in effect until March 31 at midnight. Prices increase by \$25.00 on April 1

#### **REGISTRATION FEE INCLUDES:**

- 6 CE credits each day
- Continental Breakfast + Hot Buffet Lunch
- Supplier Trade show throughout the weekend
- Trade show Reception held on Friday at 4:00 pm

Hotel rooms available at Crown Isle Resort. Group rates available until March 15 2023. Book early to avoid disappointment.



SAVE THE DATE UIDDS Fall Conference

Saturday October 14th 2023

Qualicum Beach Civic Centre

#### **CO-SPONSORED BY:**

### FEATURED LECTURE: CHRISSY FORD RDH BScDH





Chrissy Ford, RDH, BScDH is the founder and CEO of Advanced Hygiene Solutions and Co-Founder of Advanced Hygiene Consulting. She has over 20 yrs experience in the dental field as a clinician, practice manager, university instructor and national lecturer and educator. Chrissy believes in a more hands-on and integrative approach with continuing education.

She strives to empower dental hygienists to elevate the standard of care in our profession, while creating strong hygiene departments.

# TAKING YOUR INSTRUMENTATION TO NEW HEIGHTS!

Friday April 14 12:30 to 3:45 Copper Room

3 CE

#### PLEASE NOTE there is an **extra \$50 fee** to attend this session Space is limted- register early

Are you looking to elevate your instrumentation skills? Whether you are a seasoned clinician or new graduate, we all wish to improve techniques, efficiency and periodontal outcomes using advanced instrumentation skills. This interactive theory and hands-on program will take your clinical skills to new heights!

Hands-on Course Objectives:

- Review instrumentation and ultrasonic scaling, discuss current innovations
- Learn how to best assess and remove burnished and tenacious calculus
- Explore advanced instruments and sequencing for improved periodontal outcomes. We will go over why, how and where to use them
- Learn how to best maintain your instruments to ensure efficiency and patient comfort
- Explore the latest concepts for root debridement and technology

### FEATURED LECTURE: DR LES CAMPBELL



Dr Les Campbell joined the Canadian Armed Forces as a Dental Officer. He completed a 20year career with the Forces which took him from one coast of Canada to the other, along with deployments to the United States, Afghanistan and Haiti. After retirement, he returned to school to specialize in the dental discipline of **Endodontics.** 

The second half of his career has been spent as a board-certified specialist in Endodontics. He is the Head of Endodontics at the University of Alberta, and enjoys private practice in Edmonton and here in the Comox Valley.

### WHY DO MY ROOT CANALS FAIL?

Friday April 14 8:30 to 11:45 Silver Room

3 CE

This lecture will give you take home tips on how to improve your non-surgical endodontic treatments.

This course will cover:

- explanations on a wide variety of endodontic failures
- techniques on how to mitigate these failures

### **QUESTIONS?**

## Visit uidds.com or email uidds1@gmail.com

### FEATURED LECTURE: DR DIRK VAN DER MEER



Dr van der Meer graduated from UBC with a DMC in 1992. He completed a Fellowship in Forensic Odontology from University of Texas in 2010 and a Masters of Science in Forensic Science from the University of Florida in 2016. He is also a board certified forensic odontologist with the American Board of Forensic Odontology (ABFO).

Dr van der Meer is the Chief Forensic Odontologist for the Province of BC and is the President of the Forensic Odontology Response Team BC Society (FORT BC Society). He continues to be involved with ABFO in multiple leadership capacities and has also served as a Canadian representative to INTERPOL DVI Forensic Odontology Working Group in Lyon and Singapore.

Dr van der Meer works with the British Columbia Coroner's Service to help in the identification of human remains. He also works with police agencies in the analysis and comparison of bitemarks and in the estimation of age. Dr van der Meer was a member of the Canadian forensic team that was deployed to Thailand to help in the identification of victims of the 2004 Asian tsunami.

### DENTISTRY AND FORENSIC SCIENCE: THE GOOD, THE BAD AND THE FASCINATING

#### Friday April 14 12:30 to 3:45 Ballroom

3 CE

From identification of human remains to assessment of bitemark injuries, the human dentition provides important clues to help solve forensic puzzles. Dentistry has long played an important role in forensic science and this presentation will provide an introduction to the many aspects of forensics that utilize dentistry to help solve cases.

The discussion will include disaster victim identification, criminal cases, age estimation, historical cases and fascinating forensic facts. An update on local forensic odontology activities in British Columbia will also be discussed.

## FEATURED LECTURE: MEG SOPER



Meg is a **motivational humorist** who works throughout North America inspiring audiences to shift their perspective by sharing the insights and experiences gained over the last 30 years pursing her passions for healthcare, stand-up comedy and as a motivational humorist. Her experience as a staff nurse in the Operating Room gives her a front-line perspective on managing well in high stress environments.

Her engaging and humor filled presentations offer insights into leading a more balanced and healthy life, and practical strategies to help people deal with challenges posed by different personality styles, shifting workplace demographics, and conflict in the workplace.

Saturday April 15 8:30 to 11:45 Ballroom

3 CE

## PART 1 - THE SECRET SAUCE: THRIVING IN TIMES OF CHANGE

You did it! You survived the most disruptive event to ever hit the dental industry - so congratulations and well done! But the fact is there is no going back to the way things were, so we need to gear up and get ready for a new era in technology, dental regulation, and patient care. Now - more than ever - *we need a reason to laugh.* 

### PART 2- POWERING UP WITH STRATEGIES FOR A POSITIVE WORKPLACE

The complexity of running a dental practice places a premium on effective and intuitive communication with colleagues and patients. Meg has developed this interactive presentation to offer strategies for enhanced communication skills by exploring personality styles using the DiSC model of human behaviour.

The core theme of the presentation is that it is up to each of us to create a workplace that is built on a foundation of trust and psychological safety such that we can give and accept feedback, express divergent views, and more confidently handle difficult conversations and conflict.

### FEATURED LECTURE: DR MARK PARHAR



Dr Parhar obtained his DMD from UBC Faculty of Denistry in 1997. After practicing general dentistry for 11 years, he returned to UBC for the Graduate Endodontics program where he received his Endodontics and Masters of Science degree. He is a member of the Canadian Academy of Endodontics, the International Association of Dental Traumatology, and the Pierre Fauchaud Academy.

Dr Parhar has been actively involved in various aspects of sports dentistry such as mouthguard programs, dental coverage for sporting events as well as dental trauma management. He is a member of the medical staff for the Vancouver Canucks and has worked with the Vancouver Giants, World Junior Hockey Championships and Vancouver Winter Olympic Games. In 2011 he was awarded with a Merit Award from the BCDA for his contribution to sports dentistry.

*He is a Certified Specialist in Endodontics, teaches regularly at UBC, and maintains a private practice in Port Moody, BC.* 

# MANAGEMENT OF TRAUMATIC DENTAL INJURIES

Saturday April 15 12:30 to 3:45 Ballroom

3 CE

Traumatic dental injuries are very prevalent and it is of utmost importance to understand the management of these injuries to give the tooth the best chance of surviving.

In this lecture we will discuss the following:

- Overview of the classification of traumatic dental injuries
- Case based approach for the management of traumatic dental injuries
- Improve the knowledge for the management of traumatic dental injuries
- Clinical techniques and materials to use for treatment of traumatic injuries
- Follow-up and Sequelae of Trauma

### FEATURED LECTURE: DR RICHARD YOUNG

## CO-SPONSORED BY:



Dr Richard Young is an Assistant Professor of General Dentistry at LLUSD where he lectures for and codirects the D4 esthetics program. Dr Young was a very early adopter of advanced adhesion techniques in dentistry and has acquired a wealth of knowledge and clinical experience on minimally invasive dentistry.

He is known for his expertise in digital photography. He lectures and gives hands-on workshops internationally on advanced adhesive dentistry, Bioclear Matrix techniques, and digital photography. Dr Young maintains a private practice with his wife focusing on esthetic dentistry. He has many interests outside of dentistry and spends as much time as possible with his family enjoying activities centered around the outdoors.

### "THE SUPER POSTERIOR COMPOSITE": THE MARRIAGE OF BIOMIMETICS AND MATRIXES

Friday April 14 12:30 to 3:45 Silver Room

3 CE

- 1. Brief history of adhesion, as it applies today
- 2. Brief review of key research to support the principles taught
- 3. Learn how preparations can affect structural dynamics of teeth
- 4. Combine IDS/resin coating with injection molded composites, it's all about the matrix
- 5. Utilizing injection molded techniques will take your posterior composites to the next level
- 6. Learn how to use the Bioclear matrix system, and others, to save severely broken down teeth with direct composite

## THE "SUPER COMPOSITE" ANTERIOR & EXTREME BONDING

Saturday April 15 8:30 to 11:45 Silver Room

3 CE

- 1. Learn how to use the Bioclear matrix system to solve the dreaded black triangles (often caused by Invisalign orthodontic treatment in adults)
- 2. Learn how to combine layered composite with monolithic injection molded anterior composites
- 3. Review the various materials and matrix systems available to save severely broken down anterior teeth
- 4. Extreme Bonding: Understand how to use nature's best restorative material in anterior traumatic cases

### FEATURED LECTURE: PADDY BRIGGS



DENTAL



Paddy Briggs is an Author, Practice Management Consultant & Trainer, and is a Jack Canfield graduate as a Transformational Coach and Success Principles Trainer. For over 30 years, she has created and refined practical, effective strategies that assist dentists and their staff in delivering the highest level of patient care.

Combining business acumen with emotional intelligence, success principles and skillful human resource insights, Paddy's approach is one of collaboration and thoughtful coaching & training. She is actively involved in continuing education. She presents leading edge, comprehensive training programs for the dental professional that will assist them in reaching their full potential.Her warm, humorous style of communicating promises a meaningful presentation.

#### **LEADERSHIP IN TODAY'S WORLD OF DENTISTRY;** A TEAM CENTERED APPROACH TO MOVE FROM SURVIVING TO THRIVING IN 2023!

#### Saturday April 15 12:30 to 3:45 Silver Room

3 CE

Leadership looks very different today. According to the Harvard Business Review and numerous studies, in this new reality, companies are moving away from traditional command-andcontrol practices toward something very different; a model in which managers / leaders give support and guidance rather than instructions. This calls for a change in the way we lead and develop our team. In this session we will look at what it takes to "lead" in today's dental practice and how team dynamics will support and add to that leadership.

Topics include:

- the difference between leadership vs management
- the 5 leadership styles; what is yours?
- Leading with Vision
- Developing a people-focused practice culture
- Successful hiring practices how to hire the right person, as well as how to be that person
- Dealing with the 5 generations in the workplace
- Team development

If there was ever a time for enhancing and exploring our Team's Dynamics, it is now!

### **FEATURED LECTURE:**

### CHRISSY FORD RDH BScDH



Chrissy Ford, RDH, BScDH is the founder and CEO of Advanced Hygiene Solutions and Co-Founder of Advanced Hygiene Consulting. She has over 20 yrs experience in the dental field as a clinician, practice manager, university instructor and national lecturer and educator. Chrissy believes in a hands-on and integrative approach with continuing education.

Chrissy is also a member of the CRDHA, and CDHA

# THE ART OF COMMUNICATION: ARE YOUR PATIENTS HEARING YOU?

Friday April 14 8:30 to 11:45 Ballroom

3 CE

Do you ever feel like your patients ignore about 95% of what you tell them in the dental chair? You are not alone! Case acceptance is vital to the well-being of our patients. In dentistry, we are typically great at explaining what needs to be done, but rarely touch on the why behind the treatment. Join us to learn the top 5 strategies for better communication and better patient acceptance of treatments that will enhance their health.

Course Objectives:

- Explore communication vs education
- Build your confidence in communication when presenting a hygiene diagnosis and treatment plan
- Optimize communication for the entire dental team
- Discover how technology can increase patient value of your treatment plans
- Learn how a positive patient experience can help increase treatment acceptance resulting in better patient outcomes

## CO-SPONSORED BY: