



# UPPER ISLAND DISTRICT DENTAL SOCIETY

FALL CONFERENCE

October 5, 2024

Qualicum Civic Centre | 747 Jones St.

Register Online  
@  
uidds.com



## FEATURED SPEAKER: DR. NATHAN CAIN

DDS, FRCD(C)

SPONSORED BY:  **straumann**



Dr. Cain completed his post-graduate certificate in Prosthodontics at Montefiore Medical Centre in the Bronx, New York. Since completing his prosthetic training, he completed a one year surgical implant fellowship at Eastman Institute for Oral Health in Rochester, New York. He is a fellow of the Royal College of Dentists of Canada and a consultant at BC Children's Hospital Jaw Clinic team, managing prosthetic care for patients with cleft lip and palate as well as other complex craniofacial conditions. He resides in Nanoose Bay and maintains a full-time practice in prosthodontics in Parksville, BC.

### CANTILEVERS: A BRIDGE TOO FAR? 8:30-12:00

3 CE

Dr. Cain's presentation will focus on cantilevered restorations. The presentation will review both tooth- and implant-supported prosthetics with a focus on incorporating this treatment modality successfully into clinical practice. He will discuss advances in material selection, adhesion, and design concepts which have transformed cantilever restorations and provides patients new options for long-term rehabilitation. The objectives of this presentation include:

- Review of cantilevers in restorative dentistry: recognizing that cantilevers are everywhere
- Understanding patient selection and treatment planning for cantilever restorations
- Contemporary restoration design
- Applying new restorative materials and adhesive techniques to create long-term tooth-supported restorations
- Incorporating cantilevers in implant-supported prosthetics

## FEATURED SPEAKER: TERRY SMALL - "THE BRAIN GUY"

*Terry Small, B.Ed., M.A., is a master teacher and Canada's leading learning skills specialist. He is the author of the Brain Bulletin with over 34,000 subscribers worldwide.*

*Terry has presented on the brain for over 33 years to organizations around the world.. His knowledge, warmth, humour and dynamic presentation style have made him a much sought-after speaker at workshops and conferences. Terry often appears on TV, radio, and in the press. He recently appeared on BCTV, Global, CKNW and Student Success.*

*His presentations are engaging, humorous, practical, and all based on the latest brain science. Terry believes, "Anyone can learn how to learn easier, better, faster, and that learning to learn is the most important skill a person can acquire."*

*Terry's wealth of teaching experience and extensive involvement in applied neuroscience make him an outstanding resource of the business and educational communities. He resides in Vancouver, Canada, where he is a frequent lecturer at Simon Fraser University and the University of British Columbia.*

*Terry Small's Philosophy is simple: "Success is a skill anyone can learn."*



### HEALTHY BRAIN RESILIENT MIND - 5 STEPS TO A CALMER, HAPPIER, SHARPER YOU!

1:00-4:00

3 CE

We've all felt anxious and stressed at some point in our lives. Especially these days. Brain science underscores how important mindset, resilience, and a healthy life style is in dealing with change and disruption at work, and in life.

This session will give you the tools, and strategies to respond to current life challenges, and prepare for an ever changing future.

Based on the latest cutting-edge neuroscience research, you will learn:

- The #1 job of your brain.
- How to take optimal care of what's between your ears.
- How to eat right to think right, and age better.
- The top 7 super-smart foods.
- How to prevent brain shrinkage.
- Two superstar beverages for your brain.
- How to get rid of negative thoughts to experience more joy, energy & resilience.
- Why mental health matters a lot more than we think.
- 6 smart facts you must know!
- How to make your "brain garden" flourish.
- The 5 things every brain must have, and much more!

## REGISTRATION FEES

|  | Early Rate<br>On or before Sept 20 | Regular Rate<br>Sept 21 to Oct 5 |
|--|------------------------------------|----------------------------------|
| Dentist  | \$200.00                           | \$225.00                         |
| New Dentists<br><small>Grad 2022, 2023, 2024</small> | \$125.00                           | \$150.00                         |
| Denturist  | \$125.00                           | \$150.00                         |
| RDH/RDT  | \$125.00                           | \$150.00                         |
| CDA/Admin  | \$100.00                           | \$125.00                         |

### REGISTRATION FEE INCLUDES:

- 2 Lectures
- 6 CE Credits
- Continental Breakfast
- Buffet Lunch
- Supplier Trade show
- Door Prizes

## SCHEDULE

|  |             |
|--|-------------|
| Registration & Breakfast                                   | 8:00-8:30   |
| Dr. Nathan Cain  | 8:30-10:00  |
| Coffee Break (Sponsored by Quantum Dental)<br>& Trade Show | 10:00-10:30 |
| Dr. Nathan Cain  | 10:30-12:00 |
| Lunch (Sponsored by Quantum Dental)<br>& Trade Show        | 12:00-1:00  |
| Terry Small  | 1:00-4:00   |

Register NOW online at [uids.com](http://uids.com)

SAVE THE DATE: APRIL 25 + 26 2025  
SPRING CONFERENCE AT CROWN ISLE RESORT



## THANK YOU TO OUR SPONSORS

