



# UPPER ISLAND DISTRICT DENTAL SOCIETY

## SPRING CONFERENCE

April 25 + 26 2025

Crown Isle Resort  
399 Clubhouse Drive. Courtenay BC



### GOLD SPONSORS:



### SILVER SPONSORS:



### BRONZE SPONSORS:



# CONFERENCE SCHEDULE

## FRIDAY APRIL 25 2025

8:00-8:30	<b>REGISTRATION + CONTINENTAL BREAKFAST</b>	
8:30-11:45	<b>Dr Rolf Maijer</b> A Deep Dive into Early Orthodontic Treatment	Ballroom
8:30-11:45	<b>Tony Korobanik</b> - Emergency Response in the Dental Clinic / Drilling into Drugs	Silver Room
8:30-11:45	<b>Demonstration Lectures - Presented by Sinclair</b>	Copper Room
11:45-12:30	<b>Lunch + Trade Show</b>	
12:30-3:45	<b>Tony Korobanik</b> -Always the Airway/Cardiac Care/ Refreshing your Kit	Ballroom
12:30-3:45	<b>Paddy Briggs</b> Mastering the Art of Communication	Silver Room
12:30-3:45	<b>Demonstration Lectures - Presented by Sinclair</b>	Copper Room
<b>4:00 - 5:00</b> <b>Wine + Cheese Reception</b>		<b>5:30 AGM Dinner</b> <i>Limited to Dentists</i>

## SATURDAY APRIL 26 2025

8:00-8:30	<b>REGISTRATION + CONTINENTAL BREAKFAST</b>	
8:30-11:45	<b>Dr Kristin Yont</b> Part 1: Living under Pressure	Ballroom
8:30-11:45	<b>Dr Tasso Irinakis</b> From Wrecked to Remarkable	Silver Room
11:45-12:30	<b>Lunch + Trade Show</b>	
12:30-3:45	<b>Dr Kirstin Yont</b> Part 2: Mastering Resilience	Ballroom
12:30-3:45	<b>Dr Chris Wyatt:</b> Providing Dental Care for Healthy and Frail Older Adults in your Office	Silver Room

Registration **OPENS Feb 21 at 7am**  
**ONLINE at uidds.com**

<b>REGISTRATION FEES</b> (EARLY BIRD RATES)			
	<b>Fri. and Sat.</b> <b>12 Hours CE</b> <i>~ Best Value ~</i>	<b>Fri. Only</b> <b>6 Hours CE</b>	<b>Sat. Only</b> <b>6 Hours CE</b>
<b>Dentist</b>	\$410.00	\$245.00	\$245.00
<b>New Dentists</b> <small>Grad 2022, 2023, 2024</small>	\$260.00	\$160.00	\$160.00
<b>Denturist</b>	\$250.00	\$150.00	\$150.00
<b>RDH/RDT</b>	\$235.00	\$150.00	\$150.00
<b>CDA</b>	\$185.00	\$135.00	\$135.00
<b>Office Personnel</b>	\$185.00	\$135.00	\$135.00

**Early Bird prices in effect until March 31 at midnight.**

**Prices increase by \$25.00 on April 1**

### REGISTRATION FEE INCLUDES:

- 6 CE credits each day
- Continental Breakfast + Buffet Lunch
- Supplier Trade show throughout the weekend
- Trade show Reception held on Friday at 4:00 pm

**Hotel rooms available at Crown Isle Resort.**

**Group rates available until March 20 2025.**

**Book early to avoid disappointment.**



## SAVE THE DATES

### UIDDS FALL CONFERENCE

Saturday October 4 2025

Qualicum Beach Civic Centre

### UIDDS SPRING CONFERENCE

April 17 + 18 2026

Crown Isle Resort

## FEATURED LECTURE: DR. ROLF MAIJER



*Dr. Maijer has 50 years of clinical experience in the fields of pediatric dentistry and orthodontics and has an ongoing interest in the prevention and management of chronic pain and jaw joint disorders. Today, his clinical practice is limited to sleep, breathing and bruxism in children and adults. In both professional and academic settings, Rolf has been known to challenge colleagues and students to maintain a broad vision. He often cautions them, "If you're a carpenter, all you see are nails." He has lectured in over 14 countries on topics including orthodontics, practice management, and sleep disordered breathing in children.*

### A DEEP DIVE INTO "EARLY" ORTHODONTIC TREATMENT

Friday April 25 8:30 to 11:45 Ballroom

3 CE

Thanks to a wave of interest spurred on by social media and books in the popular press, parents are asking dentists about functional concerns and treatment for craniofacial growth and development more than ever before. You too may have fielded questions about early orthodontic treatment for kids, but perhaps under the guise of a different name – such as airway, functional, integrative or holistic orthodontics.

In recent years interceptive orthodontic treatment has resurfaced, often with mixed messages. Some orthodontists push to start treatment as early as possible while others say it's better to wait. So, what's the best way to advise families in your practice?

This session will address a range of questions, including:

- What does early treatment achieve –if anything?
- Can early treatment really prevent more comprehensive treatment later?
- Will early treatment eliminate the need for orthognathic surgery?
- What is the right time to start expansion?
- Why are bruxing and digit habits of concern in 4-year-olds?
- Should you be concerned about snoring in children?
- Are tongue ties really a growth and development issue?

Using clinical cases, Rolf will illustrate how the above situations can be handled. Clinicians and staff will come away with a clear and realistic view of what can and cannot be achieved with early orthodontic treatment.

## FEATURED LECTURE: DR. TASSO IRINAKIS

CO-SPONSORED BY:



*Dr. Tasso Irinakis is a board certified specialist in Periodontics. He was the Director of Graduate Periodontics & Implant Surgery for nearly a decade at the University of British Columbia, prior to making the transition to full time private practice. He continues to mentor the graduate periodontics residents part time and still holds the rank of Clinical Associate Professor.*

*Dr. Irinakis has published his research on topics ranging from bone grafting, to immediate implant loading, to soft tissue grafting, etc. He has lectured nationally and globally for over 2 decades, and continues to be at the forefront of technology and a Key Opinion Leader (KOL) for Nobel Biocare.*

*Tasso (as he introduces himself to his patients) started transitioning most of his private practice to Courtenay, which he calls his second home, in 2015. He also works part time in his clinics in Nanaimo and Vancouver.*

### FROM WRECKED TO REMARKABLE!

3 CE

#### TRANSFORMING FAILING CASES INTO AESTHETIC HARMONY

Saturday April 26 8:30 to 11:45 Silver Room

When disaster strikes -whether on natural teeth or implants- restoring harmony requires skills, innovation and imagination. In this lecture, we will explore challenging scenarios, where expectations were low and the probability of success disappointing. Through advanced regenerative techniques, precision aesthetics, and strategic rehabilitation, these once-heartbreaking (some even hopeless) cases were not only repaired, but elevated to new levels of beauty and function. Join us as we dive into real-world cases of compromised natural teeth, complicated or failing implants, and esthetic mishaps.

## FEATURED LECTURE: TONY KOROBANIK



*Tony has 25 years experience as an Advanced Care Paramedic. He has provided emergency care to patients in all types of environments including clinical, ground EMS and Air Medevacs. Tony also works in multiple clinics and NHSF's throughout western Canada assisting with emergency preparedness and IV sedation. Through his education, mentoring and practice support he has helped hundreds of clinics and dental professionals improve their confidence, skills levels and preparedness for medical emergencies.*

### EMERGENCY RESPONSE IN THE DENTAL CLINIC / DRILLING INTO DRUGS

3 CE

Friday April 25 8:30 to 11:45 Silver Room

#### ***Emergency Response in the Dental Clinic***

This topic will focus on the most common medical emergencies experienced both in the general population as well as in the dental clinic. These conditions are:

- Anaphylactic Shock
- Allergic Reaction
- Chest Pain (Heart Attack)
- Breathing Problems
- Panic/Anxiety Disorder
- Panic/Anxiety Disorder
- Diabetic Problems
- Stroke
- choking
- Seizure

We will review the following for each of the above conditions:

- Pathophysiology of the condition
- Signs and symptoms to recognize the condition
- Treatment of the condition with the medications and equipment available in your clinic
- Current best practices in the management of these conditions
- Clinical outcome of the condition when managed properly
- Strategies to predict avoid these emergent conditions

#### ***Drilling into Drugs***

Each general practice clinic is required to have onsite and available 6 emergency medications. We will review these in the clinical context of what conditions they treat as well as:

- How do they work
- What are the indications for their use
- What are the contraindications of each
- What are the risks of using them
- What are the appropriate doses
- How are they best administered
- How to document administration
- Alternatives to medications when appropriate
- We will also briefly review the extra medications used by sedation level clinics

### ALWAYS THE AIRWAY/CARDIAC CARE/ REFRESHING YOUR KIT

3 CE

Friday April 25 12:30 to 3:45 Ballroom

#### ***Always the Airway***

Learning to effectively manage your patients airway is a life saving skill. It's said, "If you don't have an airway, you won't have a patient for long". Most medical emergencies if left untreated will progress to needing some airway management. This session will focus on:

- Review of the major and anatomical structures of the airway
- Differentiating the adult airway from the pediatric airway
- How to assess your patients airway before it's a problem
- How to avoid issues while treating and sedating your patient
- Signs & symptoms that your patient needs airway management
- Escalating steps to ensure patency of the airway
- Tools available in the clinic to help manage an airway/sedation
- Sedation specific review

#### ***Cardiac Care***

In this session we will learn to differentiate the types and causes of chest pain, along with understanding the pathophysiology behind those various conditions. To do this we will review:

- Basic cardiac physiology
- The pathophysiology of a heart attack
- The symptoms of a heart attack with those of other common causes of chest pain
- The medications used to treat chest pain and heart attack and why
- Risk factors to watch for in our patients and how we can contribute to our patients overall cardiac health

#### ***Refreshing your Kit***

Having quick and easy access to your emergency medications and supplies is the best way to help set your team up for success. To help you do this, this session will focus on:

- Understanding the way our mind and body responds to the stress of an emergency
- Using this normal body reaction to build an effective response plan and kit
- Reviewing what is needed in an emergency kit, both from a regulatory as well as from a practical standpoint
- Examples of effective kit preparation
- How to maintain an emergency kit once implemented

## FEATURED LECTURE: PADDY BRIGGS



*Paddy Briggs is an Author, Practice Management Consultant & Trainer, and is a Jack Canfield graduate as a Transformational Coach and Success Principles Trainer. For over 30 years, she has created and refined practical, effective strategies that assist dentists and their staff in delivering the highest level of patient care.*

*Combining business acumen with emotional intelligence, success principles and skillful human resource insights, Paddy's approach is one of collaboration and thoughtful coaching & training. She is actively involved in continuing education. She presents leading edge, comprehensive training programs for the dental professional that will assist them in reaching their full potential. Her warm, humorous style of communicating promises a meaningful presentation.*

## MASTERING THE ART OF COMMUNICATION

**3 CE**

**Friday April 25 12:30 to 3:45 Silver Room**

Communication is more important than ever in both our personal and professional life. In this session, you will develop communication skills that will benefit the teams' relationships and increase cohesiveness within the team. Using today's communication skills will improve your patient relationships, build trust and engage with patients when presenting treatment. You will also learn how to respond to situations based upon a flexible, genuine and self-confident approach.

### Objectives:

- The communication process; benefits of effective communication; consequences of ineffective communication
- The importance of maintaining professionalism during the communication process
- Creating a patient-centered practice through people-centered communication difference between people-centered vs a people person
- People need to feel important, pressure of increase
- Am I actually listening?
- Heart centered communication
- Using Language to inspire and motivate your patients; words that work
- Take 100% responsibility for yourself
- Do I have to say, "I'm sorry?"
- What is their body language saying
- Managing conflict; the difference between react & respond



## FEATURED LECTURE: DR. CHRIS WYATT

BSc. DMD, MSc, Dip Pros, FRCDC



*Chris Wyatt is Professor and Chair of the Division of Prosthodontics & Dental Geriatrics in the Faculty of Dentistry at the University of British Columbia. Dr. Wyatt has been Head of the Department of Oral Health since 2016 Sciences since 2016, director of the Graduate Prosthodontics Program since 2010, and the director of the UBC Geriatric Dentistry Program since 2001. He is the past president of the Association of Prosthodontists of Canada and the British Columbia Society of Prosthodontists and past Chair of the Geriatric Dentistry Committee of the British Columbia Dental Association.*

## PROVIDING DENTAL CARE FOR HEALTHY AND FRAIL OLDER ADULTS IN YOUR OFFICE

APPROPRIATE DIAGNOSIS, TREATMENT PLANNING, CONSENT, AND CARE

**Saturday April 26 12:30 to 3:45 Silver Room 3 CE**

Older adults are increasingly retaining teeth as a direct result of receiving sophisticated dental care over their lifetime. However, poor oral hygiene predisposes them to gingivitis, periodontitis, denture stomatitis, and especially dental caries. The specific treatment options for treating oral diseases, conditions, and deficiencies in seniors are no different from those who are younger, but often involve re-establishing functional occlusions. However, frailty poses a significant limitation on a patient's ability to undergo surgical and complex dental treatments and to comply with maintenance recommendations. This presentation will explore providing treatment for the spectrum of older adults in community dental offices.

### LEARNING OBJECTIVES:

- Assess the impact of aging on general health, mobility, cognitive ability, and oral health.
- Explore appropriate treatment plans to treat chronic oral conditions (dental caries and periodontal disease) and to restore compromised dentitions and occlusions for healthy and frail older adults.
- Obtaining appropriate levels of consent for dental treatment, and communicating with patients and their relatives, as well as other healthcare professionals.

## FEATURED DEMONSTRATION LECTURES:



**Sinclair**  
Dental | Dentaire

PLEASE NOTE there is an **extra \$25 fee** to attend this session  
Space is limited- register early

**Friday April 25 8:30 to 11:45 Copper Room 3 CE**

**Friday April 25 12:30 to 3:45 Copper Room 3 CE**

*Two great topics, one session*

## LET'S CHAT GBT®:

**EXPLORING THE REVOLUTION IN ORAL HEALTH CARE**

**WITH GUIDED BIOFILM THERAPY® 1.5 hours**



Guided Biofilm Therapy® (GBT®) is a groundbreaking approach in dental care that is transforming the industry. Designed to maintain oral health through comprehensive procedures, GBT ensures enhanced treatment effectiveness, patient comfort, and improved clinician ergonomics.

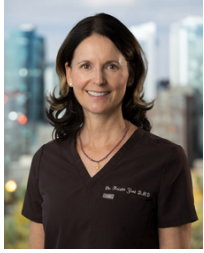
GBT® focuses on thorough Oral health maintenance, making it a cornerstone of modern dental practices. This patient-centric approach provides a systematic predictable solution for biofilm management to maintain natural teeth and implants for as long as possible.

Come and explore the key features of the Airflow Prophylaxis Master unit, which utilizes patented technology from Electro-Medical-Systems (EMS) including Airflow®, Perioflow®, and Piezon®. This high-quality and Swiss built technology enhances the precision and effectiveness to offer the least invasive hygiene therapy in the market.

## ARE YOU INTERESTED IN 3D PRINTING AND WHAT IT CAN DO FOR YOUR PRACTICE? 1.5 hours

Come watch a LIVE demonstration of this technology by Medline/Sinclair. From 3D scanning to fabrication of appliances. This technology literally transforms dentistry for both patients, lab and the dental office while saving time and reducing the cost of production.

## FEATURED LECTURE: DR. KRISTEN YONT



*In addition to co-owning her practice in downtown Calgary, Dr. Kristin Yont DMD is also the lead dentist for the Calgary Flames NHL hockey team and is also experienced in forensic dentistry.*

*Dr. Yont is one of a few practitioners in Canada who are accredited to teach the Benson Henry Institute's SMART program – Stress Management and Resiliency Training, educating people on how to participate in*

*their own wellness by decreasing stress and their vulnerability to disease.*

*Dr. Yont is an avid speaker and runs workshops, retreats, and programs for dental professionals. She also works with universities, healthcare associations, and business leaders to implement wellness initiatives for their organizations. She has recently completed Compassion Cultivation Training from Stanford and an Inner MBA program that focuses on building consciousness leadership.*

### PART 1: LIVING UNDER PRESSURE:

#### HOW STRESS IS AN INFLAMMATORY DISEASE THAT AFFECTS YOUR HEALTH AND YOUR PATIENTS

**Saturday April 26 8:30 to 11:45 Ballroom**

**3 CE**

In this engaging and informative course, participants will explore the intricate relationship between stress and inflammation, uncovering the scientific foundations of how stress acts as an inflammatory disease. Based on the principles of the SMART (Stress Management and Resiliency Training) program, this session delves into cutting-edge research that highlights the profound impact of stress on overall health and disease vulnerability. Participants will gain a deeper understanding of:

- The body's response to stress, known as allostasis and allostatic load.
- The physiological mechanisms linking stress and inflammation.
- The role of chronic stress in exacerbating health conditions.

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### PART 2: MASTERING RESILIENCE:

**3 CE**

#### UNLEASH YOUR INNER STRENGTH WITH SMART INITIATIVES

*Please note: this session is Part 2, attending the morning Part 1 session is advised to get the most out of this lecture*

**Saturday April 26 12:30 to 3:45 Ballroom**

In this dynamic and empowering three-hour session, participants will embark on a journey to master resilience and unlock their inner strength through the SMART (Stress Management and Resiliency Training) initiatives. Building upon the foundational knowledge of stress and inflammation, this session delves deeper into the practical applications of resiliency techniques designed to enhance personal and professional well-being.

Participants will explore:

- Evidence-based strategies to manage and mitigate stress.
- Techniques for fostering resilience in the face of challenges.
- Real-world applications of the SMART program's principles.

Through interactive exercises, group discussions, and experiential learning, attendees will gain hands-on experience with tools and techniques that promote resilience. This session aims to equip participants with the skills needed to navigate life's pressures with confidence and grace, ultimately enhancing their capacity to thrive in both personal and professional settings.