



# UPPER ISLAND DISTRICT DENTAL SOCIETY

## SPRING CONFERENCE

April 17 + 18 2026

Crown Isle Resort  
399 Clubhouse Drive. Courtenay



### GOLD SPONSORS:



### SILVER SPONSORS:



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# CONFERENCE SCHEDULE

## FRIDAY APRIL 17 2026

|   |   |  |
|---|---|--|
| 8:00-8:30                                     | <b>REGISTRATION + CONTINENTAL BREAKFAST</b>   |  |
| 8:30-11:45                                    | <b>Ajit Johal</b><br>HPV is in your Chair   | Ballroom   |
| 8:30-11:45                                    | <b>Dr Trudy Nwachukwu</b><br>Safeguarding your Dental Implants  | Silver Room  |
| 8:30-11:45                                    | <b>Henry Schein - HANDS ON</b><br>Keeping Your Practice Running Smoothly  | Copper Room  |
| 11:45-12:30                                   | <b>Lunch + Trade Show</b>   |  |
| 12:30-3:45                                    | <b>Josh Gibson   Dr Jordan Saunders -</b><br>Transforming Your Practice with Digital Technology Including 3D Printing | Ballroom   |
| 12:30-3:45                                    | <b>Penny Hatzimanolakis</b><br>Biofilm Management   | Silver Room  |
| 12:30-3:45                                    | <b>Henry Schein - HANDS ON</b><br>Keeping Your Practice Running Smoothly  | Copper Room  |
| <b>4:00 - 5:00</b><br>Wine + Cheese Reception |   | <b>5:30 AGM Dinner</b><br><i>Limited to Dentists</i> |

## SATURDAY APRIL 18 2026

|             |   |             |
|-------------|---|-------------|
| 8:00-8:30   | <b>REGISTRATION + CONTINENTAL BREAKFAST</b>   |             |
| 8:30-11:45  | <b>Chrissy Ford</b><br>Next Level Perio   | Ballroom    |
| 8:30-11:45  | <b>Dr Natanya Padachey</b><br>Clinical Management of Endodontic Pain                  | Silver Room |
| 11:45-12:30 | <b>Lunch + Trade Show</b>   |             |
| 12:30-3:45  | <b>Stephanie Richardson</b><br>Exquisite Care, Exponential Growth                     | Ballroom    |
| 12:30-3:45  | <b>Penny Hatzimanolakis - HANDS ON</b><br>Guided Biofilm Therapy in Clinical Practice | Silver Room |

**Registration OPENS Feb 19 at 7am**  
**ONLINE at uidds.com**

### REGISTRATION FEES (EARLY BIRD RATES)

|   | <b>Fri. and Sat.</b><br><b>12 Hours CE</b><br><i>~ Best Value ~</i> | <b>Fri. Only</b><br><b>6 Hours CE</b> | <b>Sat. Only</b><br><b>6 Hours CE</b> |
|---|---|---------------------------------------|---------------------------------------|
| <b>Dentist</b>  | \$410.00  | \$245.00                              | \$245.00                              |
| <b>New Dentists</b><br><small>Grad 2023, 2024, 2025</small> | \$260.00  | \$160.00                              | \$160.00                              |
| <b>Denturist</b>  | \$250.00  | \$150.00                              | \$150.00                              |
| <b>RDH/RDT</b>  | \$235.00  | \$150.00                              | \$150.00                              |
| <b>CDA</b>  | \$185.00  | \$135.00                              | \$135.00                              |
| <b>Office Personnel</b>                                     | \$185.00  | \$135.00                              | \$135.00                              |

**Early Bird prices in effect until March 31 at midnight.**  
**Prices increase by \$25.00 on April 1**

#### REGISTRATION FEE INCLUDES:

- 6 CE credits each day
- Continental Breakfast + Buffet Lunch
- Supplier Trade show throughout the weekend
- Trade show Reception held on Friday at 4:00 pm



## FEATURED LECTURE: AJIT JOHAL



*Ajit Johal has been providing immunizations and clinical education since 2012. As a community pharmacist, he is a highly accessible and trusted provider of immunization services. In 2018, he founded Immunize.io, a not-for-profit organization with the mission of "taking our best shot at immunizing the world." Through this platform, Ajit has led numerous innovative vaccination initiatives to address vaccine*

*hesitancy and improve access—locally, nationally, and globally. Ajit is widely recognized for his leadership in vaccine education and implementation. His work has garnered national and international acclaim, culminating in his recognition as the inaugural recipient of the Innovations in Vaccines Award (2024). He was also featured on the cover of Pharmacy Business Practice Magazine for his exemplary contributions through Immunize.io.*

## HPV IS IN YOUR CHAIR:

### HOW DENTAL PROFESSIONALS CAN DETECT RISK, EDUCATE PATIENTS, AND PREVENT HEAD & NECK CANCER

**Friday April 17 8:30-11:45 Ballroom**

**3 CE**

As HPV-related head and neck cancers continue to climb, dental professionals are uniquely positioned to identify risk early and intervene meaningfully. This workshop examines emerging Canadian data reshaping oral cancer screening, reviews the latest HPV immunization evidence and public eligibility criteria, and outlines practical, team-based prevention models. Attendees will learn how integrated dental-pharmacy collaboration can close critical gaps in HPV education and vaccination—protecting both patients and providers.

#### Learning Objectives

- Discuss HPV-related Head and Neck Cancer in Canada
- Discuss data on rising HPV-related cancers and how trends reshape screening in practice
- Discuss the latest clinical data and recommendations for HPV immunization
- Review the latest BCCDC HPV immunization guidelines including vaccine public eligibility and dosing recommendations.
- Effective collaboration between dental professionals and pharmacy teams to create efficiencies in HPV prevention
- Examine healthcare professionals risk and personal protection

## FEATURED LECTURE: CHRISSEY FORD



*Chrissy Ford is a registered dental hygienist, practice manager, speaker, published author, and the founder of both the Ford Dental Institute and the RDH Evolve Dental Hygiene Conference.*

*Chrissy is dedicated to helping dental teams integrate strong periodontal programs into their practices.*

*With over 24 years of experience in the dental field, Chrissy has developed successful continuing education and coaching programs that are designed to empower dental professionals and ignite passion in their careers.*

*Her company offers a range of services, including online courses, hands-on workshops, and in-office private coaching. She is committed to advancing the profession through mentorship, education, and practical strategies for career and business success.*

## NEXT-LEVEL PERIO:

**PLAN WITH PURPOSE, TREAT WITH CONFIDENCE**

**Saturday April 18 8:30 to 11:45 Ballroom**

**3 CE**

This dynamic course is designed for dental professionals ready to level up their periodontal care. Modern periodontal care extends far beyond scaling and root planning! The tools and strategies available to dental hygienists have never been more powerful. This dynamic session explores adjunctive therapies that enhance healing, reduce inflammation, and elevate clinical outcomes beyond traditional instrumentation.

Through clinical examples and treatment planning frameworks, dental hygienists will learn how to confidently select and communicate these therapies for maximum impact—improving both patient health and practice success.

#### Learning Outcomes:

1. Identify clinical indicators for incorporating adjunctive therapies into periodontal treatment plans.
2. Understand the science and practical application of air polishing, desiccation therapy, hydrogen peroxide treatment, and oral inflammation testing.
3. Integrate adjunctive therapies confidently into clinical protocols to enhance healing and reduce inflammation.
4. Communicate the value of adjunctive periodontal care to improve patient understanding and case acceptance

## FEATURED LECTURE: STEPHANIE RICHARDSON



*Stephanie Richardson is the Founder and CEO of Dental Director Academy and Evolution Dental Consulting. She is a leadership coach and practice growth advisor who works with dental practices across Canada to optimize operations, elevate office managers into Director-level leaders, and drive sustainable profitability through systems, accountability, and people development.*

*With a background spanning front-line dental roles through executive leadership, Stephanie brings a rare blend of practical, real-world experience and strategic insight. She is known for her engaging, relatable teaching style and her ability to translate proven leadership and service principles into actionable strategies for dental teams.*

*Stephanie's work focuses on helping practices grow through intentional leadership, exceptional patient experience, and aligned teams — creating offices that are both highly profitable and deeply fulfilling places to work.*

### **EXQUISITE CARE, EXPONENTIAL GROWTH: ELEVATING THE PATIENT EXPERIENCE TO DRIVE RESULTS**

**Saturday April 18 12:30-3:45 Ballroom**

**3 CE**

In today's dental landscape, clinical excellence alone is no longer enough to drive sustainable growth. This engaging and practical session explores how intentionally designed patient experiences — from the first phone call to treatment follow-up — directly impact case acceptance, retention, team culture, and profitability.

Attendees will learn how high-performing dental practices move beyond “good service” to create consistent, elevated experiences that patients remember, refer, and return for. Through real-world examples and immediately applicable frameworks, this course bridges leadership, operations, and patient communication to show how exquisite care translates into exponential growth.

- Participants will leave with clear strategies to:
- Improve patient trust, loyalty, and case acceptance
- Align the entire team around a consistent experience standard
- Reduce friction and inefficiencies in daily operations
- Drive measurable growth without burnout

This course is ideal for leaders who want practical tools to improve both the patient journey and the business outcomes of their practice.

## FEATURED LECTURE: DR TRUDY NWACHUKWU



*Dr. Trudy Nwachukwu is a certified periodontist. She is the immediate past President of the Canadian Academy of Periodontology. She received her dental degree in 2004 from the University of Benin Nigeria. After practicing as a general dentist for many years, she went on to periodontics specialty training, graduating from the University of Manitoba in 2016 with a masters in Dentistry (Periodontics).*

*Dr. Trudy is both Canadian and American boards certified. She is a Fellow of the Royal College of Dentists of Canada, and a Diplomate of the American Board of Periodontology. She maintains her private practice in Saskatoon, SK and is also a part-time faculty member at the University of Saskatchewan College of Dentistry. She is a published author in scientific journals. She has partnered with the Canadian Dental Association to provide multiple educative webinars for dentists, and has served as an invited speaker at various dental health conferences. She also regularly provides continuing education events for the Saskatchewan dental community and is passionate about periodontal and peri-implant health. In her free time, she enjoys listening to music and watching movies with her family.*

### **SAFEGUARDING YOUR DENTAL IMPLANTS : THINGS YOU NEED TO KNOW**

**3 CE**

**Friday April 17 8:30-11:45 Silver Room**

Dental implants are an important treatment modality in the replacement of missing teeth.

Careful treatment planning and surgical placement, followed by proper maintenance, can help providers ensure successful long-term outcomes for their dental implant patients.

- Implant site augmentation
- Bone grafting principles
- Soft tissue grafting for implant site development
- Implant monitoring for the dentists and hygienists
- Implant maintenance protocol in the dental office
- Peri-implant disease

**FEATURED LECTURE:** CO-SPONSORED BY:  **Nobel Biocare**  
**JOSH GIBSON**



*Josh has over 15 years of experience with Nobel Biocare, currently as Lab Manager for BC. Throughout his career with Nobel, Josh has worked extensively with all versions of Nobel Biocare implant and restorative planning solutions, Developed over 20 years ago today's DTX Studio Clinic provides "top down" planning solutions simpler and more accurate than ever thanks to AI.*

**DR JORDAN SAUNDERS**

*Dr Jordan Sanders grew up in Vernon and attended UBC. As a lifelong resident of the Okanagan Valley, he has dedicated his career to advancing dental care in the region. Committed to integrating the latest developments and innovations to benefit his patients, he has integrated all aspects of digital technologies including 3D printing into his practice. As a KOL for Sprint Ray 3D ecosystems, he is passionate about teaching and mentoring today's clinicians interested in transforming practices using the latest in digital technologies ultimately creating efficiencies to benefit patient care and outcomes.*



**TRANSFORMING YOUR PRACTICE WITH DIGITAL TECHNOLOGY INCLUDING 3D PRINTING**

**Friday April 17 12:30 to 3:45 Ballroom** **3 CE**

This lecture will showcase how today's most advanced digital tools can transform your practice. Featuring DTX Studio Clinic, Dexis Imprevo and Trios 6, and the SprintRay ecosystem featuring Midas, the 10 minute chairside permanent crown or inlay/onlay printer.

*DTX Studio Clinic* – See how AI-driven workflows allow true top-down treatment planning in seconds, including merging intraoral scans with CBCT data, automated implant placement and surgical guide creation.

*Dexis Imprevo and Trios 6* – each representing the newest IntraOral scanning technologies and advantages available today  
*SprintRay* - the only 3D printing manufacturer fully dedicated to dentistry. Their expanding portfolio goes far beyond seamless fabrication of models, retainers, nightguards, surgical guides, conventional & hybrid dentures and temporary crowns.

We will also introduce *SprintRay Midas*, the compact powerhouse that allows you to chairside print definitive individual and fixed single crowns, definitive partial crowns (anterior and posterior) and single and fixed veneers, inlays and onlays in only 10 minutes.

**FEATURED LECTURE: DR NATANYA PADACHEY**



*Dr. Padachey completed a Bachelor of Science degree (Neurobiology) at McGill University, Montreal then her Doctor of Dental Surgery degree from the University of Toronto in 1993. Her residency was at Hospital for Sick Children then graduated with her Diploma in Endodontics in 1999. She opened her endodontic practice in Victoria with the focus on high-quality patient care using the latest technologies and modern advances in endodontics. Dr. Padachey is a Clinical Assistant Professor in the post-graduate specialty program at UBC. She is active in dental CE and continues to provide clinical education to post-graduate residents, dentists, and endodontists. She was founder of the Vancouver Island Endodontic Study Club, organizing conferences offering continuing education to dentists locally and in adventure locations.*

**CLINICAL MANAGEMENT OF ENDODONTIC PAIN BEFORE, DURING AND AFTER ENDODONTIC TREATMENT**

**Saturday April 18 8:30 - 11:45 Silver Room**

**3 CE**

Management of pain is a challenge we face in our daily practice. Endodontic pain is a complex and multifactorial condition and effective pain management is critical to patient satisfaction and the delivery of high quality care and optimal outcomes for root canal therapy. Pain management strategies will be presented using a multimodal approach - diagnosis pitfalls, effective local anaesthesia, clinical techniques, pharmacological and non-pharmacological measures of pain management will be discussed as well as post-operative endodontic pain and the role of anxiety

Learning Outcomes:

1. Understand and identify odontogenic vs non-odontogenic sources of pain
2. Learn clinical skills to effectively manage pain and maximize local anaesthetic effect during treatment
3. Understand how to manage and reduce post-operative pain and identify conditions that may predict its occurrence

## FEATURED HANDS-ON LECTURES:



Friday April 17 8:30 to 11:45 Copper Room **3 CE**

Friday April 17 12:30 to 3:45 Copper Room **3 CE**

## KEEPING YOUR DENTAL PRACTICE RUNNING SMOOTHLY

*EQUIPMENT MAINTENANCE TRAINING BY HENRY SCHEIN*

PLEASE NOTE there is an **extra \$50 fee** to attend this session  
Space is limited- register early

### Is your practice's efficiency and productivity being affected by equipment malfunctions or breakdowns?

Would you like to reduce repair costs and improve your skills in basic equipment assessment, maintenance, and repair?

Extend the life of your equipment with simple, practical maintenance tips and techniques — including those for your mechanical room and treatment centres. This course provides the knowledge and hands-on experience needed to maintain both large and small dental equipment effectively.

By the end of the course, you will be equipped to identify common issues, perform routine maintenance, and make informed decisions to support the smooth operation of your practice.

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#### Learning Outcomes:

1. Identify and perform basic maintenance tasks for both large and small dental equipment.
2. Describe common problems associated with specific types of dental equipment.
3. Define the equipment maintenance needs unique to your dental office.
4. Identify recommended cleaning and disinfection products for dental equipment.
5. Gain hands-on experience with maintaining commonly used dental equipment.

## FEATURED LECTURE: PENNY HATZIMANOLAKIS



*Penny Hatzimanolakis has specialized in periodontics and prosthodontics since 1994 and joined UBC's dental faculty in 2002. Currently pursuing a doctorate in Educational Leadership, she champions evidence-informed, proactive approaches to oral-systemic health. A published author and national speaker, she serves as an advisor on multiple industry boards.*

*Through her centre, Elevate Oral Health and Learning Centre, Penny provides advanced training and inclusive, individualized patient-centred care, with a strong commitment to supporting underserved communities.*

## BIOFILM MANAGEMENT; ARE WE AT A TIPPING POINT WITH GUIDED BIOFILM THERAPY?

Friday April 17 12:30 to 3:45 Silver Room

3 CE

The underworld of subgingival biofilm can be a challenging environment for clinicians. Traditionally, the battle against biofilm communities thriving subgingivally has been fought with a blend of hand and power-driven instruments. In the last 5 years in North America and for over 20 years in Europe, indications for using air-pressured mechanical biofilm disruption technology with the use of low abrasive-based powders for both supragingival and subgingival biofilm have been developed. This evidence-informed review will explore the air-flow mechanism and its clinical application for biofilm management.

Upon completion of this session, participants will be able to:

Learning Outcomes:

- Understand the oral microbiome;
- Understand the new immunology concept of symbiosis and dysbiosis relationship.
- Learn to create effective patient care-plans.
- Learn the importance of risk assessments.
- Integrate air-pressured technology and powders into clinical protocols.
- Evidence inform decisions with air-pressured technologies.
- List and describe mechanical interventions that combat mature biofilms.

## FEATURED LECTURE: PENNY HATZIMANOLAKIS

CO-SPONSORED BY:



## GUIDED BIOFILM THERAPY IN CLINICAL PRACTICE:

A HANDS-ON INTEGRATION WORKSHOP

Saturday April 18 12:30 to 3:45 Silver Room

3 CE

PLEASE NOTE there is an **extra \$50 fee** to attend this session  
Space is limited- register early

This immersive hands-on workshop is designed to move beyond theory and into clinical application. Participants will rotate through skill-based stations to develop competency with air-pressured biofilm removal technologies (AIRFLOW® and PERIOFLOW®), low-abrasive powders, and low-power ultrasonic instrumentation. Emphasis will be placed on ergonomic technique, subgingival biofilm management, implant maintenance, and risk-based care planning.

Through evidence-informed discussion, live demonstrations, and guided practice on typodont and implant models, participants will gain practical confidence in integrating GBT protocols into everyday periodontal and implant maintenance care. This course is designed for dental hygienists and dentists seeking to refine biofilm-focused clinical protocols while enhancing patient comfort, efficiency, and long-term biological outcomes.

Upon completion of this hands-on workshop, participants will be able to:

Learning Outcomes:

1. Differentiate between biofilm removal and calculus removal within contemporary non-surgical periodontal therapy.
2. Explain the indications, contraindications, and evidence supporting the use of low-abrasive air-polishing powders for supragingival and subgingival biofilm management.
3. Demonstrate proper ergonomics, angulation, and motion when using AIRFLOW® for supragingival biofilm removal.
4. Perform safe and effective subgingival biofilm disruption using PERIOFLOW® techniques.
5. Integrate low-power ultrasonic instrumentation selectively following systematic biofilm removal.
6. Discuss considerations for implant maintenance using air-pressured technologies and low-power ultrasonic instrumentation.